

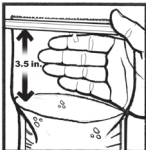
POCKET SURVIVAL PAK™ + PLUS
Supplemental Instructions

USING THE WHIRL-PAK® WATER BAG

Rip off top seal at perforation. Pull apart tabs to open bag.

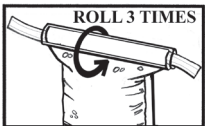
Fill with water from available source, filtering water through cloth, coffee filter or other filtering medium if possible.

Fill to within one-hand's breadth (3.5 in / 9 cm) of white closure strip. This is approximately 1 liter/1 quart of water.

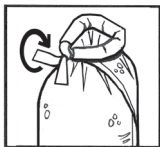


Add one MicroPur® MP1 water purification tablet and dose according to the instructions (next column). **Use caution not to touch tablet with your fingers.**

Squeeze out excess air and roll down top of bag at least three complete rolls. Roll as tightly as you can.



Pull the two ends of the white closure strip together and twist closed.



WARNING: Take precautions to avoid puncturing the water bag. Be very cautious where you set it down or store it to avoid sharp or abrasive objects. **DO NOT** throw, drop or otherwise abuse the bag. This bag is designed for use during a single emergency. Replace after use at: adventuremedicalkits.com

KATADYN MICROPUR® MP1 WATER PURIFICATION TABLETS

OUTPUT: 1 tablet treats 1 quart (1 liter) of water.

USE: Open foil package (use knife if necessary) and drop tablet directly into contaminated water. **DO NOT TOUCH TABLET!** Keep treated water out of direct sun if possible. Wait time is based on water temperature and how dirty the water being treated is; see table below:

Microorganisms Killed	Contact Time	
	EPA Water #1 (clear, 20° C/68°F)	EPA Water #2 (dirty -high organic content, 4°C/40°F)
Bacteria	15 Minutes	15 Minutes
Virus	15 Minutes	15 Minutes
Protozoa / Cysts ¹	30 Minutes	4 Hours

Note that instructions printed on the MPI packaging have an EPA mandated 4-hour contact time for worst case scenario. In many instances you can use the shorter contact times in this table compiled from the official EPA registration test results. MP1 Tablets have a 3-year replacement interval. Order replacements at: www.katadyn.com

eGear® PICO™ Lite LED FLASHLIGHT

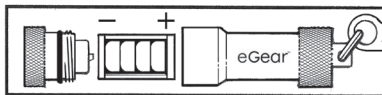
BEFORE USE: Pull plastic Battery Protector Tab to allow light to be turned on. If necessary, unscrew head one turn to pull tab.

ON / OFF: Twist head IN (clockwise) to turn ON. Twist OUT to turn OFF. Plastic tab may be replaced to prevent inadvertent switching while in storage.

WARNING: DO NOT look directly into illuminated LED.

To Change Batteries: Unscrew bezel head with LED until separated from body. Remove battery holder. Taking care to note polarity, remove batteries from

holder and insert new batteries, ensuring correct polarity. Reinstall battery holder with **ARROW** pointing **DOWN**. Re-assemble **PICO™ Lite**.



Batteries: 4 x LR41, 5-year nominal replacement interval. Affordable replacement batteries available at: www.essentialgear.com

STAINLESS STEEL BALL CHAIN

Use the Ball Chain to secure Fox40 Rescue Howler Whistle, CRKT RSK® Mk5 Knife, Rescue Flash Signal Mirror and eGear PICO™ Lite. You may use a loop of Utility Wire or Braided Nylon Cord to attach the Compass to the Ball Chain. Place around neck and secure under clothing if possible. Alternatively, secure Ball Chain to belt loop and keep survival gear in pocket.

WARNING: Ball Chain and attached survival gear can slip off neck if not otherwise secured or if you bend over too far.

CRKT RSK® Mk5 KNIFE

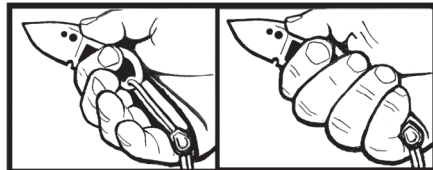
The compact RSK® Mk5 cannot completely replace a full-sized knife, but it will perform the tasks of a much bigger knife, if used intelligently. If you are relying upon this RSK® Mk5, then most likely it is because it is now your only knife. Treat it with respect and care so it is not damaged or lost and it can help save your life.

The lanyard attached to your RSK® Mk5 helps provide a more secure and comfortable grip by effectively lengthening the short handle. Adjust the position of the cord lock so that when you grasp the knife and lanyard, the cord lock fits snugly into the end of your fist. Alternatively, loop the lanyard around your pinkie finger until the knife is snug in your hand.

With a small knife like the RSK® Mk5, you must rely upon finesse for larger cutting jobs, not brute

force. Patience will allow you to cut larger limbs or saplings. Cut or carve out a notch around the limb or trunk, which may take numerous small slices or cuts, and then carefully break. In testing, 3-inch (7 cm) diameter saplings were cut down using this technique. Any limb will cut easier if kept under tension.

WARNING: DO NOT use the RSK® Mk5 to PRY or as a SCREWDRIVER. DO NOT HAMMER on the knife. The KNIFE EDGE is SHARP; use with extreme care to prevent injury. ALWAYS KEEP THE KNIFE IN SHEATH EXCEPT WHEN IN USE.



OPENING & CLOSING PNEUMO ZIP POUCH IN COLD WEATHER

Cold can stiffen the pouch's zipper seal, making it more difficult to open and close.

TO OPEN: DO NOT pull tabs straight apart. Grasp pull-tabs and roll down to open.

TO CLOSE: Place pouch on hard surface. Start at one end and press down along the zipper seal to close.

DISCLAIMER and WARNING: For survival purposes only. Any survival situation is inherently dangerous and could result in any survivor's injury, maiming or death. Douglas Ritter, Equipped To Survive Foundation, Inc., and Tender Corporation d/b/a Adventure Medical Kits do not assume any responsibility for the use or misuse of any of the equipment or information included in this survival kit. USE SURVIVAL EQUIPMENT AND TECHNIQUES AT YOUR OWN RISK.